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Issue No.34 Thursday 4th November 2021

PRINCIPAL'S REPORT

I hope you all had a wonderful Melbourne Cup holiday on Tuesday and got to enjoy the wonderful sunshine with family and friends on this day.

With everybody now having experienced their first day back at school it is starting to feel like things are moving forward, in a new normal kind of way, it has definitely been too long. I would like to acknowledge the wonderful work of our families and staff during this lockdown period. There is nothing like face to face teaching, however, I commend the teachers for the preparation and delivery of the curriculum and the attention they have given all students who engaged, and I thank parents for doing everything they could to support us and their child's learning.

I have really appreciated everybody's support over the last weeks following the staggered restriction requirements well. Your responsiveness and flexibility has been wonderful. I acknowledge that this transition to having COVID-19 in our world might be overwhelming for some, causing heightened anxiety and stress. To support you I would strongly encourage you to watch this webinar hosted by the Royal Children's Hospital, featuring experts in health and learning. These experts responded to parent questions and concerns about the return to school. It can be viewed at: <https://youtu.be/jQvh3Wmk4Zc>

Unwell

We will need to remain vigilant in our management of unwell community members, even when they have the mildest of symptoms. If your child is sick with even the mildest symptoms, they must stay home. If your child becomes unwell during the day, they must be collected from school as soon as possible.

Curriculum Day

Our final Curriculum Day will be on the 8th of December so there is no school for students on this day. We will be opening our OSHC from 6:30 am till 6:30 pm for care on our Curriculum Day. Please book in this day by contacting Sarah on 0484295860.

Fence code

As mentioned in a previous newsletter, if you would like a personalised code to access the school grounds after hours please email Elana in the office to organise this for you. Access will be from 7 am till 7 pm through the front reception gate daily.

Below is an article from Parenting Ideas that I encourage you to read.
 Have a wonderful rest of the week everyone,
 Zania Cope.

DIARY DATES

Monday & Friday	Canteen Days Opens Monday 8th November
Monday	Breakfast Club
Thursday 4th November	Prep 2022 Information Session
Tuesday 23rd November	5/6 District Inter School Sport
Thursday 2nd December	Prep - Phillip Island Excursion
Wednesday 8th December	Curriculum Day - No School
Thursday 9th December	Grade 6 Graduation
Friday 10th December	Grade 2 Celebration
Tuesday 14th December	End of year fun Sports Day
Friday 17th December	Last Day of School

HAPPY BIRTHDAY!

to these children who have celebrated their birthday this week

November

Chayse H - 3rd

Blake H - 3rd

Samuel E - 5th

Kaleb B - 7th



Payments by Direct Deposit

Account name: Tooradin Primary School

Bank: CBA BSB: 063 699

Account No: 10020780

Please place your name and a short description if you want to use this form of payment.

Compass

We are very excited to be transitioning into a new system called Compass. This is a web based system that allows parents to access up to date and meaningful information about our school and your child's progress. It includes many features, including the ability to monitor your child's attendance, and explanations for absence and lateness. It is important as we go forth into this system to updated details (phone numbers and email addresses especially) so that information can be sent accurately and quickly to you. This system will allow us to SMS and push notify you quickly in the event of alerts.

If your child is late to school or you need to pick them up early from school, we have a kiosk (iPad like device) at our front reception area. You will need to come into the school, pushing the intercom button on our reception gate. We will then give you access and you push the gate open once you hear the click. When you have entered the reception area please sign in using the QR code and then sign your child in or out on this Compass kiosk system. For pickups and late drop offs each process will give you a docket from the kiosk. If the child is late to school then they take this docket to class and give this to the teacher. If you are picking up your child early you will need to take this to the classroom and give this docket to your child's classroom teacher. This process also talks to our bus lists, ensuring these are as accurate as possible.

I encourage you to download the Compass app to your smart phone/tablet device once you have your code later this week. These will be sent home on Friday with your child. Importantly, Compass login details need to be kept private. You will be required to update your password and confirm an e mail address and mobile phone number. These details will be used by the school for SMS and e mail communication throughout the year. Parent access will give access for all students/siblings in your family so you don't need to create separate accounts for each child.

Once logged into Compass students and parents/guardians are able to:

- ◆ view up to date attendance information,
- ◆ report an absence, enter details of upcoming absences or explain past absences or late arrivals, access progress reports,
- ◆ make bookings for Parent Teacher Interviews,
- ◆ view a newsfeed of school announcements,
- ◆ consent and pay for events/ camps/ fees,
- ◆ give permission for participation in school events,
- ◆ view a school calendar (not quite yet available),
- ◆ view the schools newsletter
- ◆ see alerts and updates
- ◆ communicate by e mail with teachers.

Our staff have been using parts of this system last term and we are very excited about what this can do. We are going to be using Compass to generate our end of year reports and would like to be able to push out information to families quickly should the need arise. Can you please log on to this system ASAP as we will be using this as a form of communication to send out alerts. We will still be using Seesaw, e mails and Facebook for now while you are transitioning to this system.

Attached is the information that has already been sent out through Seesaw on Wednesday as a link to assist you. Again if you need help setting this up please don't hesitate to contact the office.

Successfully transitioning students back to school



RESILIENCE

by Michael Grose

Home-schooling of students in lockdown states and territories is nearing an end. For parents, many of whom have discovered just how complex teaching can be, the return to school will be a welcome relief. For children, going back to school may bring a mixed set of feelings. Eager anticipation about reconnecting with friends and teachers will probably be accompanied by a level of anxiety about what school may be like upon return.

School continues to be an evolving experience for students. For a start they've just experienced a prolonged period of remote learning and an absence from their friends, which will take time to process when they return to school.

With organised extra-curricular activities put on hold most children have had a great deal of free time, which has placed the locus of control firmly in their hands. Many kids will grieve their lack of freedom, as they've had a glimpse of what an unstructured life is like. It may take some time for them to get back into the swing of being physically on campus for school.

With the return to campus approaching here are some sensible strategies to make the adjustment easier for students.

Get ready for a return

Worriers and anxious types in particular like to know what's ahead so your approach will make a difference. Prepare your child for a return by discussing the safety procedures the school will be implementing. Let young children know that an adult won't be accompanying them past the school gate. Ask your child what they are looking forward to and check in with how they are feeling about a return. Validate any fears and apprehensions and correct any misconceptions.

Go slowly

This period will mirror the start of the school year when your child had to adjust to new teachers, different classmates and a new year level. Adjusting to change takes a great deal of personal energy, so your child or young person may become tired, grumpy, even moody at home. Make allowances for these personal changes and make sure they have plenty of free time to unwind after school.

Focus on reconnection

Make reconnection the theme for your child's return to school. He or she will have to reconnect with friends, teachers and learning, which takes time. In all likelihood, your child's teachers will use many strategies to help your child connect with their friends, reflect on their time at home and move them back into full-time learning mode. Support these activities and keep your learning expectations for your child in check. It may take extra time for some children to adjust to their life back at school.

Stay calm

It's easy for us as parents to take on our children's worries and fears. The reverse is true, and kids can pick up our worries, taking them on as their own. As a buffer against anxiety ensure you do something each day that brings you some joy, whether it's listening to music, going for a walk or having a coffee with a friend.

Look after yourself

For a prolonged period now, parents and teachers have been doing significant emotional labour. The learning and adjustment curves have been massive, with little time to relax and take a break. Consider your own emotional resources and make your wellbeing a priority, which will make it easier for you to stay calm if your child experiences difficulties.

Communicate confidence

It's a fine line that many parents walk between being flippant ('you'll be right') and showing confidence ('you'll do okay') when kids struggle to adjust to change. Children and young people want parents and teachers to understand their fears and anxieties and to coach them to negotiate difficulties including adjusting to change. You can support your child through sharing stories of resilience, focusing on the positives and letting them know that will eventually adjust.

The pandemic continues to serve up many difficulties, and we've all been forced to adapt quickly and repeatedly to new situations. Flexibility is a prime characteristic of resilient people, so if nothing else, getting through these challenging times will make us all more resilient.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

Tooradin Primary School
PREP 2022
Information Evening



Thursday November 4th 2021
6:00pm - 7.00pm

This meeting will be held over Zoom. Please find attached information for the night:

Topic: Prep Information Night 2022 4th November
Time: Nov 4, 2021 06:00 PM Canberra, Melbourne, Sydney

Join Zoom Meeting

[https://us02web.zoom.us/j/87017518313?
pwd=WVQrVDUwQVRjNlAzVWZoVUIXeGVGZz09](https://us02web.zoom.us/j/87017518313?pwd=WVQrVDUwQVRjNlAzVWZoVUIXeGVGZz09)

Meeting ID: 870 1751 8313

Passcode: xZheC5

Find out about our program, booklists and Information regarding your child's first day of school!

Enrolment forms are available on our school website.

We look forward to seeing you there!

LOCAL MAKERS FROM THE
COASTAL VILLAGES INVITE YOU TO
THE FIRST EVER

**WARNEET POP-UP
MAKERS MARKET!**

LETS COME TOGETHER AFTER TOO LONG APART

SAT DEC. 4 • 10AM -2.30PM
WARNEET MOTOR YACHT CLUB.

COVID SAFE EVENT #SUPPORTLOCAL

Coffee will be available for purchase,
some stalls are cash only,

Visit the following link
if you wish to order
books from Issue 8

[https://
scholastic.com.au/
media/6534/bc-
digital-issue-8](https://scholastic.com.au/media/6534/bc-digital-issue-8)



**Payments by Direct
Deposit**
Account name: Tooradin
Primary School

Bank: CBA BSB: 063 699
Account No: 10020780

**TOORADIN CRICKET
CLUB**

**2021/22
SEASON
REGISTRATIONS
NOW OPEN**

**SENIOR & JUNIOR REGISTRATION
OPEN**

**UNDER 10
UNDER 12
UNDER 14
UNDER 16**

**ALL AGES AND SKILL LEVELS
WELCOME, THE MORE THE
MERRIER**

CONTACT

SENIORS:	JUNIORS:
BENNY MANTEL (PRESIDENT)	NICKY SIMPSON
0409 544 662	(JUNIOR COORDINATOR)
CAL O'HARE (COACH)	0409 569 937
0433 650 745	

OSHC opening hours:

Monday to Friday
Before School Care - 6.30am-8.30am
After School Care - 3.30pm-6.30pm

Wednesday 8th December
Curriculum Day - 6.30am - 6.30pm

OSHC contacts:

Our direct number for the OSHC services is
0484 295 860.

Alternatively you can also email Sarah
sarah.heitmann@education.vic.gov.au
or leave a message at the office.

Thank you